

# Torre Vieja Masters swim in Murcia and kids in Elche

On Saturday 24th May four members of "Club Natacion Masters Torre Vieja" travelled to the Municipal Pool Murcia for the very first "OPEN Masters Murcia de Natacion" competition hosted by CN Masters Murcia. The competition, open to all Spanish swimmers found some travelling from as far as Jerez. All Torre Vieja Masters swam in the maximum of three events each plus the 4 x 50m medley relay. The day's competition was long and tiring but this was rewarded with some great results for the swimmers.

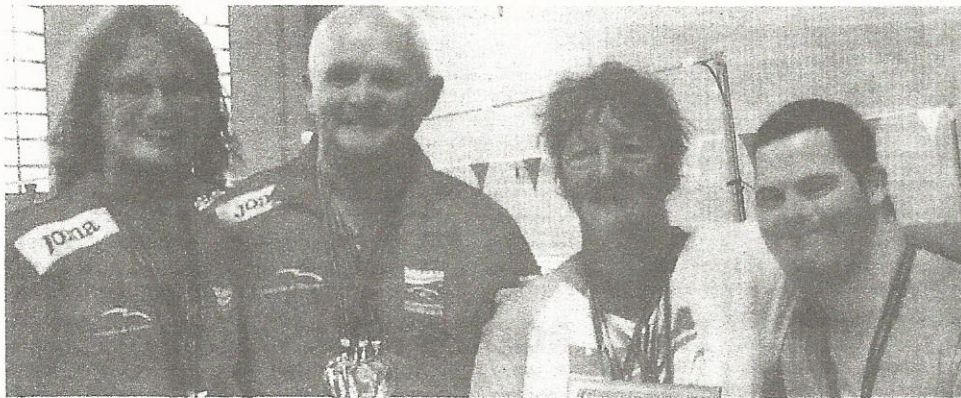
In the 70yrs+ years category Beth Altabas won gold in her 100m medley, 100m freestyle and 100m backstroke events. This, not to be beaten, was followed with 3 gold medals for Paul Matthews in the 65yrs+ 100m medley, 50m backstroke and 50m butterfly races. Vicki

Connolly then continued in the same manner winning golds in her 45yrs+ 50m freestyle, 100m freestyle and 400m freestyle events. Then in the penultimate race of the day, after having 2 earlier personal bests in his 30yrs+ 50m freestyle and 50m butterfly events, Adam Stewart excelled himself in his 400m freestyle winning a bronze medal. To round off an excellent days swimming the team then swam the last race of the day the 4x 50m medley relay in the 200yrs+ age group. With serious competition from teams from the host club of Murcia, Torre Vieja's relay team earned themselves a bronze medal, only missing out on silver by 2 seconds. The team now have a difficult standard to live up to in this week's Regional Championships, this year to be

held in the 50m pool in Torre Vieja, 31st May - 1st June.

Whilst all this excitement was going on in Murcia the younger members of the club were in competition Saturday and Sunday in the Municipal pool, Elche. Bronze medals were won in Elche by both Paula Garcia in the 12yr old 100m backstroke and Vicky Pigneur in the 11yrs 100m backstroke event. In the 11yr olds 100m breaststroke race Samira Lucumbi won silver medal. Then on returning to pool Sunday Paula Garcia won a second bronze in her 100m freestyle event.

For more information regarding Torre Vieja Swimming Club please contact Rosa - 665454126, President Felipe on 609418776 or Vicki 669637015 or by e-mail on [info@clubnataciontorrevieja.com](mailto:info@clubnataciontorrevieja.com)



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of this campaign, complete the league double over Castellon. The game kicks off at 6pm, with the TKO roadshow there to help

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# SWIMMING Torrevieja Masters make their mark

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This Sunday in the 50m Municipal pool, Torrevieja the Torrevieja Masters Team were out it force with a full team of eight swimmers. Sunday's swims were the last local "Time Controls" before the Regional Masters Summer Autonomico Competition, which this year is to be hosted by the "Palacio de Deportes Infanta Cristina" in Torrevieja on 30th May and 1st June.

Racing against 16 of the regions clubs and against 100 other swimmers the team collected a very good set of results in their age groups. Adam Stewart (30-34yrs) gained new personal bests in the 400m (6:44;91) and 100m (1:22;47) freestyle, with team mates Rafael Bordes (1:22;28) and Aurelio Cabello (1:18;06) also with new bests in the 100m in their freestyle (35-39yrs). This was followed with sister Lucy Stewart in the 50m

breaststoke (20-25yrs) with a fantastic swim and new PB of 1:13;81 and Paul Matthews (65-69yrs) with time of 45:19. Keeping with the shorter distances Vicki Connolly (45-49yrs) and Gillian Mc Niece (35-39yrs) swam 50m backstroke. Not a backstroke swimmer and doing this stroke for the first time, Vicki earned herself a time of 46;72 and Gillian a time of 41:44. Keeping with the backstroke, this time 200m, Paul and Gillian earned times of 3:29;81 and 3:09;26. Beth Altabas (70-75yrs) then swam 100m butterfly (2:14;88) to be followed by the longest distance raced in the 1500m freestyle with Vicki. Both teammates Vicki and Beth had good swims in the 1500m with times of 24:21;58 and Beth 29;08;02.

In summary, a good set of results for the club and looking forward to the bigger masters competitions in May and the Spanish Nationals in June.

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## Legion Bowls

We regularly play friendly matches on the Isle, and we scored against them on Casa Ventura for April, taking 400 winning by 110. Winning trips were James Wright, Rita Hand, Nigel Mitchell, Helen Edwards, 20/17 Brenda Brown, thanks to The E continued co friendliness, which more on this occasion obscure reason??

We also held competition, which knockout, with being determined 'standing' players, The trophy was donated members, Rita Hand. Perpetual Rita Hand Trust been named, will now for in a like competition. same time every year. won the trophy, Helen second prize and Ca Special thanks go to Brown whose expertise the event made it such a to Rita for donating the st. If you would like to try your bowls, please contact our Secretary, Harry Epsom 966849075. You will be most welcome and you do not have to be a British Legion Member to join our bowls group.